



SALLISAW PUBLIC SCHOOLS

Sallisaw Middle School Breakfast and Lunch Menu April 2024



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| | | <p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 school year.</p> | | |
| 1 | 2 | 3 | 4 | 5 |
| Breakfast Pizza Fruit Juice, Milk | Pancakes Fruit Juice, Milk | Donut Fruit Juice, Milk | Breakfast Boat Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk |
| BBQ Sandwich Potato Wedges Baked Beans Fresh Fruit and Vegetable Bar Snickerdoodle Cookie Milk | Taco Soup Shredded Cheese Corn Chips Salsa Fresh Fruit and Vegetable Bar Milk | Chicken Tenders Mashed Potatoes and Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Teriyaki Chicken Rice Bowl Roasted Veggies Fresh Fruit and Vegetable Bar Fortune Cookie Milk | Sub Sandwich Lettuce, Tomato and Pickle Potato Chips Fresh Fruit and Vegetable Bar Oreo Pudding Milk |
| Corn Dog/Veggie | SAME | Chicken Nuggets/Potato | SAME | Pizza/Salad |
| 8 | 9 | 10 | 11 | 12 |
| Chicken Biscuit Fruit Juice, Milk | Waffles Fruit Juice, Milk | Funnel Cake Strawberries and Cream Juice, Milk | Muffin and Yogurt Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk |
| Mr. Ribb Sandwich Baked Beans Coleslaw Fresh Fruit and Vegetable Bar Apple Cobbler Milk | Loaded Chicken Waffle Fries Cheese Sauce Salsa Fresh Fruit Cup Fruit and Vegetable Bar Milk | Hamburger Steak Mashed Potatoes and Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Breakfast for Lunch Biscuits and Gravy Sausage and Scrambled Eggs Yogurt Bar Fruit Juice, Milk | Fish Sticks "Fried" Potatoes Pinto Beans Fresh Fruit and Vegetable Bar Sidekick Milk |
| Corn Dog/Veggie | SAME | Chicken Nuggets/Potato | SAME | Pizza/Salad |
| 15 | 16 | 17 | 18 | 19 |
| Bacon, Egg and Cheese Biscuit Fruit Juice, Milk | French Toast Sticks Fruit Juice, Milk | Mini Powdered Donuts Fruit Juice, Milk | Breakfast Nachos Fruit Juice, Milk | |
| Spicy Breaded Chicken Sandwich Lettuce, Tomato and Pickles Baked Cheetos Fresh Fruit and Vegetable Bar Chocolate Chip Cookie Milk | Tachos Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk | Popcorn Chicken Mashed Potatoes and Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Pizza Strawberry Spinach Salad Fresh Fruit and Vegetable Bar Sherbert Ice Cream Milk | |
| Corn Dog/Veggie | SAME | Chicken Nuggets/Potato | Hamburger/Wedges | |
| 22 | 23 | 24 | 25 | 26 |
| Sausage Biscuit Fruit Juice, Milk | Pancake on a Stick Fruit Juice, Milk | Long John Donut Fruit Juice, Milk | Omelet and Toast Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk |
| Toasted Ham and Cheese Sandwich Tomato Soup Goldfish Crackers Fresh Fruit and Vegetable Bar Peanut Butter Cookie Milk | Beefy Nacho Fries Pinto Beans Salsa Fresh Fruit and Vegetable Bar Milk | Salisbury Steak Mashed Potatoes and Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Macaroni and Cheese Little Smokies Green Beans WG Biscuit Fresh Fruit and Vegetable Bar Milk | Frito Chili Pie Shredded Cheese Sweet Corn Fresh Fruit and Vegetable Bar Yogurt Fluff Milk |
| Corn Dog/Veggie | SAME | SAME | SAME | Pizza/Salad |

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.